

CERTIFICATE OF ANALYSIS · KEY RESULTS

MICRONIZED CREATINE MONOHYDRATE

Certificate of Analysis · Control no. F20260114C · Manufactured Jan-26 · Expires Jan-29

HIGHLIGHTS

Microbiology within specification

LABEL CLAIM

Label claim → result, per serving as printed · method as printed

Per formula (manufacturer input)

Creatine Monohydrate 5,000 mg

HEAVY METALS

Per serving, as printed

Arsenic	0.012 mcg/serving Result as printed
Cadmium	0.004 mcg/serving Result as printed
Lead	0.549 mcg/serving Result as printed
Mercury	0.040 mcg/serving Result as printed

MICROBIOLOGY

Result as printed, with the printed specification where it differs

✓ All results within specification

Total Plate Count	< 100 cfu/g
Spec: NMT 20,000 cfu/g	
Yeast & Mold	< 100 cfu/g
Spec: NMT 2,000 cfu/g	
E. Coli	Absent
Salmonella	Absent
Staphylococcus aureus	Absent

TESTING PROGRAM

Physical and microbiological tests are run on each lot; actives and heavy metals follow the manufacturer's testing schedule.

Results from the Certificate of Analysis issued by our cGMP manufacturer. Reformatted by MAXIS for readability; values transcribed exactly.

Selected results (control no. F20260114C).

Sheet issued 24 October 2026 · Manufacturer QC sign-off date as printed: 07/28/2026

MICRONIZED CREATINE MONOHYDRATE

Certificate of Analysis — manufacturer data · Selected results, every value as printed

CONTROL NUMBER	MANUFACTURING DATE	EXPIRATION DATE
F20260114C	Jan-26	Jan-29
SERVING SIZE		
1 Scoop (5 g)		

ACTIVES label claim · specification · result · method, as printed

QUANTITATIVE ANALYSIS

Active(s):	Label/ 1 Scoop	Range	Results	Method	Rationale
Creatine Monohydrate	5,000 mg	≥ 100%	5,000 mg	SOP-190	3

HEAVY METALS

Heavy Metals	Specification	Results	ICP-MS	Rationale
Arsenic	Report Only	0.012 mcg/serving	ICP	4
Cadmium	Report Only	0.004 mcg/serving	ICP	4
Lead	Report Only	0.549 mcg/serving	ICP	4
Mercury	Report Only	0.040 mcg/serving	ICP	4

MICROBIOLOGY

Microbiological Testing	Specification	Results	ICP-MS	Rationale
Total Plate Count	NMT 20,000 cfu/g	< 100 cfu/g	AOAC	1
Yeast & Mold	NMT 2,000 cfu/g	< 100 cfu/g	AOAC	1
E. Coli	Absent	Absent	AOAC	1
Salmonella	Absent	Absent	USP <2022>	1
Staphylococcus aureus	Absent	Absent	AOAC	1

TESTING PROGRAM legend, verbatim

Testing Legend

Subset Testing Program: Periodic or intermittent testing performed for a particular test parameter, which is justified by historical data, and per SOP QC-317.

1 - represents Testing Program for Physical Tests and Microbiological Analysis: Assay 1 to be tested each lot.

2 - represents Testing Program for Actives: Assay 2 to be tested every third lot.For Assays that are skipped based on rotational testing frequency, SOP-190 will be listed as the method on the certificate of analysis

3 - represents testing confirmed as per SOP-190 (where suitable quantification testing method in unavailable and claims are supported through suitable raw material identification, verification input in production and process controls)

4 - represents Testing Program for Heavy Metals: Assay 4 to be tested once annually.

COMPLIANCE STATEMENT verbatim

This is to certify that the Product in this Certificate of Analysis is in compliance with
21 CFR Part 111.75 (c)(1)(2)(3)(4)(d)(1) for finished product specifications both met and exempted.

NOTES ON THIS TRANSCRIPTION

- Column headings are reproduced as printed (the method column of the heavy -metals and microbiology tables is headed "ICP-MS" on the original).
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Selected results. Results from the Certificate of Analysis issued by our cGMP manufacturer. Reformatted by MAXIS for readability; values transcribed exactly.

Sheet issued 24 October 2026 · Manufacturer QC sign-off, as printed: Quality Control — signed (handwritten) · Date: 07/28/2026